

**W**e're in LA to talk to the Beckhams about their hot new 'his and hers' fragrances – and we're dying to know what it takes to look and smell *that* good. Victoria is tiny and immaculate – very pretty in the flesh, with new hair extensions that soften her foxy but fierce features. David is beyond gorgeous – all LA tan and cheekbones. But here's the thing – he's so friendly, smiley and open that you never feel overawed by his hotness. Together, there's no doubting they are each other's biggest fans. And between the arm-stroking, affectionate teasing and many glasses of fizz, the beauty confessions start to flow...

**What's the inspiration for your new his and hers fragrances – Intimately Yours?**

**Victoria:** "Our other fragrances are more individual but these are a collaboration between me and David. The bottles and scents complement each other."

**David:** "They're a celebration of our relationship."

**What are they like?**

**V:** "Mine is full of my favourite smells, like freesia, white lily and frangipani. I'm crazy for white flowers as they work so well for day and night. I wanted it to smell youthful and fresh."

**D:** "I've got all the notes I love – basil I'm obsessed with, plus lavender and mandarin. It makes a really classic fragrance."

**Your new TV advert is so sexy! Was it embarrassing to shoot?**

**V:** "Not at all! That's just a fun day out without the kids."

**D:** "It was great to have a day working together instead of our separate jobs."

**You seemed to love playing a part. Can you see a spot of acting in your future?**

**D:** "I can't act! We've got a lot of actor friends and I respect what they do, but it's not my talent"

**V:** "No, just look at *Spice World*."

**(David strokes Vic's arm adoringly and Cosmo melts with jealousy.) So... how do you keep things sizzling after 11 years of marriage?**

**V:** "We go and get drunk and have a date every Wednesday!"

**D:** "Sometimes we treat each other to an afternoon at the >

# AT HOME WITH THE BECKHAMS

*David and Victoria Beckham on getting drunk every Wednesday, wedding-day nerves and working together*

**Inside Vic's bathroom cabinet**

**MAKEUP:** "I love Chanel, Stila and Armani. I'm obsessed with the new Burberry Lip Glow Nos. 9 and 10. I Tweeted about it – everyone has to get one!"

**HAIR:** "Ken Paves is a great hairdresser and a friend of ours. He has amazing products."

**SKINCARE:** "I've found an amazing dermatologist in LA, Dr Lancer. David and I love his products."

**BODYCARE:** "I keep it simple. Nivea is the best-ever body lotion. I also love Lancaster."

**FAKE TAN:** "I don't wear fake tan anymore. Sometimes I've been turned orange but that's definitely a look from my past. Being overly tanned is very ageing and, dare I say it, a bit footballer's wife. I'm a little tanned from being here but I don't use self-tan. Embrace your natural colour!"

Lancaster Tan  
Maximizer  
Rich Firming  
Cream, £24

Nivea  
Firming  
Body Lotion,  
£6.49

Chanel Blush  
Duo Tweed  
Effect, £31

Burberry  
Lip Glow in  
No. 9, £18



Beverly Hills Hotel and we'll both have a massage and spend the day in our robes."

**Can you tell us a celebrity who smells amazing?**

V: "You shouldn't notice someone's scent before you see them. That reminds me of the '80s when everyone wore Poison and Giorgio Beverly Hills."

**Do you fragrance your home in any way?**

V: "We adore candles and burn them every day. We have loads of different ones – Diptyque, Jo Malone, Kelly Hoppen..."

**What scent did you wear on your wedding day?**

V: "Oh, god, I can't remember! I love essential oils so it was probably something natural."

D: "I was sweating so much with nerves, I think I went with my natural odour."

**Your sons are so well turned out. Are they picking up good habits from Mum and Dad?**

D: "They're all looking great. Cruz loves spiking his hair up. We tried to give him a shaved head and he said, 'No, I want a Mohawk for Halloween.' Romeo is into his clothes – he loves a shirt and tie. Brooklyn's the one who's not really bothered by it."

**How do you cope with paparazzi following your every move?**

D: "It doesn't bother me. I go to training every day in my tracksuit – if anyone finds that interesting! I don't change my look for photographers."

V: "When I'm travelling, I go to the airport dressed in a way so I can go to work when I land. Otherwise I'm in jeans, T-shirts and flip-flops."

**Have you ever changed your look after seeing a bad photo?**

V: "Being in the public eye for so long, you care less about it. I don't care if someone says, 'Here's Victoria in flat shoes.' I always look like a miserable bitch in photos and that's fine!"

**Do you have a beauty mantra you live by?**

V: "My motto is to embrace what you have naturally."

### David's grooming rules

"Before I met Victoria, I'd use body lotion on my face! Now I steal her face cream. I've always wanted to look and smell nice but I don't use a lot – body cream, moisturiser and aftershave. My cupboard isn't full of lotions, but fragrance is important to me. I remember always trying on my grandad's aftershaves."

**BEST NEW FIND:** "The other day I bought something bloody expensive and didn't realise until I gave my credit card. It was a La Prairie anti-ageing cream. I loved the texture and smell so it was worth it, but I use as little as possible every day to make it last."

La Prairie  
White Caviar  
Illuminating  
Cream, £260

**Are you going to make any New Year beauty resolutions?**

V: "I'd like to sleep more, drink more water and less champagne. But you have to keep it real."

**DVB on the web**

**Victoria, you've just joined Twitter. How's that going?**

"It's fun. I wanted to show people things they wouldn't normally see. It's about my fashion really, not David or the kids. Although I'll put up the odd photo of our dog."

**What's your 'In love and**

**light' sign-off all about?**

"It was to do with living in LA and being spiritual. I use different phrases I like. I think people enjoy the silliness."

**Are you going to keep it up?**

"I don't know. I love sharing my favourite beauty finds; I'm not one to keep beauty secrets."

**Tempted to join, David?**

"Not really. I've got about 3.9 million friends on Facebook."

• *Intimately Yours For Him and For Her* by David and Victoria Beckham are available nationwide. ♦

Intimately  
Yours  
Beckham  
For Him and  
For Her 50ml,  
£29 each